St Clare's Catholic Primary School Newsletter 29/01/2021



Dear Parents/Carers

We hope you enjoyed visiting the presentations from Chester Zoo this week. It is great to provide children with a breadth of learning opportunities, developing a wide range of knowledge and skills. Thank you for sharing you photos throughout the week, especially the photos of our 'Feel Good Friday' challenges. We were very impressed with the cookery creations pupils produced last week- they looked delicious! This week our challenge for pupils is to plan and organise a family film night. They have been given lots of supportive resources and we hope you use this as an opportunity to chill and have quality family time.

Thank you for telling us about all the lovely things you are doing at home. Everyday we meet with pupils in their Google Classrooms and many tell us about their lovely walks and playing outside. Please remember to pace yourselves and vary your activities. We are here to help in anyway we can. Parents from the PTA organised a 'Coffee and Chat' for parents, as a way of providing support to each other. This was a lovely opportunity for parents to share experiences and suggestions. Sometimes it is just great to talk and know someone is listening and cares.

Over the next two weeks we have a number of additional activities- Magic Show (see below), Internet Safety Day (9th February) and a space workshop (1:30pm on 10th February). Please look out for the links to these. Keep up the great work and thank you for your support. AB Ryder

Internet Safety Day-Tuesday 9th February

In school we are continuously sharing the important messages with pupils about how to keep ourselves safe online. Tuesday 9th February is

Internet Safety Day and the theme this year is 'An Internet we Trust'. Teachers will share a wide range of activities for pupils to do on this day so that it can be used as an opportunity to remind everyone of the importance of keeping safe



online. We look forward to seeing what pupils do

<u>Birthdays</u>

This week Elsa, Miss Mallon, Olivia R and Rihanna celebrated their birthdays. We hope they had a wonderful day.



Family Magic Show

Thursday 4th February, 6:30pm



Our PTA have booked and paid for a special magic show for all our families to enjoy together and hopefully laugh out loud to! We are asking all pupils to make a wand for the event.

Children's Mental Health Week 2021 Monday 1st Feb- Friday 5th Feb

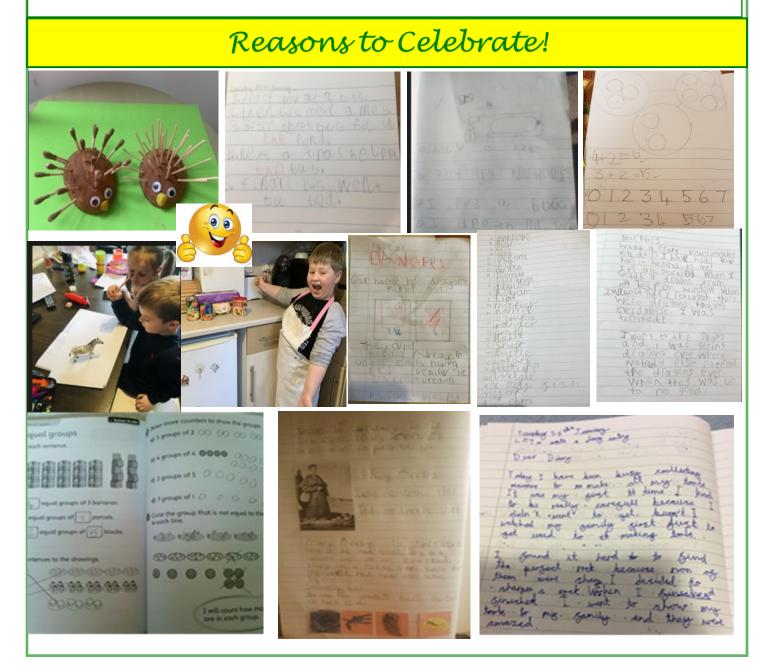
Place2Be launched the first ever Children's Mental Health Week in 2015 to shine a spotlight on the importance of children and young people's mental health. This year they hope to encourage more people than ever to get involved and spread the word.

This year's theme is **'Express Yourself'** and is about helping children to find ways to share their feelings, thoughts, or ideas through creativity. This could be through art, music, writing and poetry, dance and drama, photography and film, and doing activities that make them feel good. This is not about being the best at something or putting on a performance for others. It is about helping children to find a way to show who they are, and how they see the world, that can help them feel good about themselves.

Although these last few weeks have been difficult, it has been a joy to see children enjoying their hobbies and using additional time they have to develop these further. Please encourage your children to enjoy ways of expressing themselves during the week. All the wonderful photos you have sent in show many of the great ways children are expressing themselves- keep up the wonderful things you are doing.



Please find a link to a special reflection for Children's Mental Health Week on the school website- under the Catholic Life of the School link.



Reasons to Celebrate!

